

Cocinando con Mami putting the old school back en la cocina

Jose Rodriguez, President of Puerto Rican Meals.com is not the only Latino that notices the importance of containing such a rich culture such as “Latina/o cooking.” Every generation loses a sense of pride when it comes to the preservation of knowing their own Latina/o roots. For some reason the word “pride” is more of a “corny” word. Well I will tell you Mijas, there is nothing “corny” about starving or wanting abuelitas pernil around Christmas.



Jose created 10-set DVD series entitled, “Cocinando con Mami.” Dishes such as: Arroz con Gandules y Chuletas Fritas (rice with pigeon peas and fried pork chops), sofrito preparation, Arroz Blanco, Habichuelas Guisada y Pollo Frito Empanado (white rice with bean stew and fried breaded chicken), Arroz con Pollo y Habichuelas Guisada (rice with chicken with bean stew), Bistec Empanados, Tostones con Salsa de Mojo y Ensalada Verde (breaded steak, fried plantains with garlic sauce and green salad) and much more.

Each video has Jose’s mami teaching us how to cook the right way! If you are a Mija that needs a lesson or two in the kitchen; I highly recommend this series. For those that are interested; please visit www.puertoricanmeals.com and if you mention, “Product code: Mija” you will receive a special discount off the box set!

Please Mijas don’t burn up the kitchen!