

Jealousy = Love or Control? Written by: Roberta M. Rosa

Today I will be using abbreviations throughout this article. The word "significant other" will be written as S.O.

As you may or may not know that I am a bar manager now. I see many, many interesting things throughout the night as people get buzzed and emotions intensify. How did I come up with this topic? It's simple. I am a confused Mija. Let me enlighten you.

We got bartenders and we got Latina ones like me. I am Doctor Phil-ipina! I listen to everyone's problems, dismantle fights, hug people, and show tuff love. Ok Mijas so what is it? Do you like to date someone that is jealous or not?

In one hand, we have the women that just hate their S.O.'s to be jealous. They sound like this, "Jealousy?? I mean come on? It's annoying and it violates our whole trust agreement we established BEFORE we even dated! I know that I'm beautiful and many people try to get my number, BUT why can't you just trust me? Ugh, I get so mad!"

Then the other ones: "Ay, my S.O. gets sooo jealous every time I go out to the store, work, church, sisters house, bank, gas station and gynecologist. I mean my S.O. is right there watching me with that cute almost angry look. You know that look, they make when you are at your doctors? Ay, it's sooo cute, it's that "If-you-touch-her-hand-one-more-time-I-am-going-to-hit-you-and-her-and-I-are-going-to-have-a-long-talk" face. That's how I know my S.O. loves and cares for me."

So we have the ones that love it and the ones that hate it. We can probably say safely that the women that hate jealous S.O.'s are secure with their looks and relationship status. They solely focus on their S.O. and no one else. Of course the relationship status can change due to the amounts of jealousy her S.O. has distributed.

The ones that scare me are the ones that look forward to their jealous S.O.'s. In my opinion, women that enjoy that quality tend to be insecure and wanting more attention. They feel unloved, at times ugly. So the question is?

Is Jealousy a form of love or control? *(Queue the definition)*

Jealousy - typically refers to the thoughts, feelings, and behaviors that occur when a person believes a valued relationship is being threatened by a rival.

Ooh, a rival?! Ok. Now that it was written that way, I understand. Ok, I think

we are all guilty of being at a social place and looking at our S.O. from afar wondering, "Who's this person trying to talk to my baby?!" It's like watching two lions about to fight on animal planet. You are on my territory, get back! Oh now, I got myself heated just thinking of it, but OH WAIT there is one key word of that definition that has the remedy that can calm me down?? Value.

What determines the value of a friendship? Love. And love Mijas just crushes all drama, all suspicion, all worry, and all jealousy. If you have the value of love established when you and your S.O. were friends; then you have nothing to worry about. Love got you into the next level in the first place.

If you are the jealous one maybe you need to control what you love because more than likely the only rival is yourself.